

Health & Wellness Major - Bachelor of Science

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HLT 200	(3)
HLT 230	(3)
HLT 320	(3)
HLT 360	(3)
HLT 430	(3)
HLT 440	(3)
HLT 440S	(1)
HLT 450	(3)
HLT 451	(3)
PSY 220	(3)

Scientific Foundations Courses (14 hours):

MTH 174	(3)
PSY 103	(3)
PSY 204	(4)

Choose one of the following courses w/lab:

BIO 131/131A (LAB)	(4)
BIO 197 /197A (LAB)	(4)

The Health & Wellness major consists of 63 credit hours (28 Health & Wellness core hours, 14 scientific foundation hours and 21 elective hours) with a required minor in an area offered by the Institution. It is expected that a portion of the credits included in the 21 elective hours would count towards the student's selected minor. Students are expected to maintain a "C" or better in Health & Wellness Core and Scientific Foundations courses. Additionally, students are expected to maintain a grade point average of 2.0 in the courses which are part of their major. Total hours: 63

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Students must take a minimum of 3 credit hours within each Wellness Dimension, distributed across at least 4 departments/disciplines

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